



# VISTA VISION

CENTER FOR SPIRITUAL DISCOVERY, VISTA

## Career Transition Club



6:00 - 8:00 pm

Mondays Beginning

November 10th

## Adopt-Family



Begins Sunday

November 23rd

Volunteer Recognition

& Appreciation

Sunday, Nov. 23rd

@ Both Services



## SUNDAY TOPICS FOR NOVEMBER 2008

### Nov. 2 THE UPSIDE OF THE DOWNSIDE

When you're on the upside of the downside, you're always up to something great.

### Nov. 9 AWAKE, ALIVE, RELAXED

When you're awake, you're present; when you're alive, you're inspired. When you're relaxed, your power is focused.

### Nov. 16 END SUFFERING!

Spiritual power for accomplishing what you want only begins when suffering ends.

### Nov. 23 MULTIPLY YOUR BLESSINGS

We deserve unlimited good in every area of life. Here's how to see more good all the time!

### Nov. 30 A LIFE-CHANGING LIFE

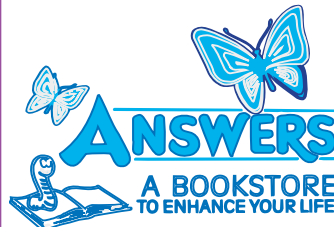
Want to have a different experience in life or do you want to make a difference that transforms life?

We invite you to visit our website ([www.crsvista.org](http://www.crsvista.org)) for more complete information about us, our members, classes, events and activities calendar. From the Newsletters page of our website, you can sign up for our bimonthly email newsletter, News & Notes.

## Center for Spiritual Discovery

560 S. Melrose Drive • Vista, CA 92081

760.724.9170 • [www.crsvista.org](http://www.crsvista.org)



Revs. Brian & Sheila's  
Pick O' The Month

Five Steps to Freedom

by

Dr. John B. Waterhouse

***Five Steps to Freedom. An Introduction to Spiritual Mind Treatment*** is a new guide to a fresh understanding of our relationship with life through Spiritual Mind Treatment where you can take full charge of your beliefs and open yourself to a healthier, happier, and more fulfilling life.

Regularly \$14.95

20% discount during the month of **November**

**CRS VISTA**

**FAMILY MILESTONES**

**October 19:** A Celebration of Life Service was held at the Center for Esther Handley.

**October 19:** Flowers were contributed by Valerie Norris in loving memory of her father, James Bobzien.

**October 26:** Flowers were contributed by Alyce Tarlow in loving memory of her husband, Jerry Tarlow, who made his transition two years ago.

Is there a special family milestone you would like to share with the congregation (a birth, an anniversary, a special birthday)? Call the church office at (760) 724-9170 with the names and dates of births, baptisms/christenings, weddings, and transitions and we will list them in this feature.

**NOVEMBER BIRTHDAYS**

- Nov. 2 Stephen Schwan
- Nov. 3 Jennifer Walker
- Nov. 19 Sylvia Carson
- Nov. 19 Elida Edge
- Nov. 21 Joan Van Ingen
- Nov. 22 Nancy Campbell
- Nov. 22 Liz Yaspan
- Nov. 26 Gerardo Espinoza
- Nov. 29 Mary Rumazza



Rev. Brian P. Anderson, Minister  
Dr. Sheila Anderson, Minister

The Center for Spiritual Discovery is located at  
560 S. Melrose Drive in Vista,  
1/2 mile South of Highway 78 at the  
southeast corner of  
Melrose Drive & Matagual Drive  
Phone: 760.724.9170 • Fax: 760.724.9366  
Website: www.crsvista.org  
e-mail: office@crsvista.org

November 2008

VISTA VISION

is the monthly newsletter of the  
CENTER FOR SPIRITUAL DISCOVERY  
First Church of Religious Science, Vista

FIRST CHURCH OF RELIGIOUS SCIENCE, VISTA  
**Center for Spiritual Discovery**

560 S. Melrose Drive • Vista, CA 92081

www.crsvista.org

Rev. Brian Anderson & Dr. Sheila Anderson, Ministers

**Information**

724-9170, Ext. 1

**BOARD OF TRUSTEES**

- Alan Gatlin.....734-4583
- Nate Huff.....631-4601
- E.J. McDuffey, VP...(858)395-2408
- Rev. Brian Anderson, President
- Dr. Sheila Anderson.....724-9170

**SUNDAY SERVICES**

9:00 am & 10:30 am

**NURSERY CARE** is provided for both services.

**YOUTH & FAMILY PROGRAMS**

Mary Gorman, Director..... 631-7237

**PIANIST**

Faith Page.....(858) 578-1961

**VOLUNTEER COORDINATOR**

Kathy Funk  
Sunday Services.....390-6931  
**OFFICE.....724-9170**

**Church Fax.....724-9366**

**ORGANIZATIONS:**

**GRIEF RECOVERY SUPPORT GROUP**

Bobbi Kinner .....744-5547

**SINGLES GROUP**

Frank King .....631-1518

**SMART RECOVERY**

Alan Gatlin.....734-4583

**ANSWERS BOOKSTORE**

Bookstore .....724-9077

Elsie Ashcraft, Manager

Answers Bookstore is open Sundays after each service.

**Inspiration**

724-9170, Ext. 2

**LICENSED PRACTITIONERS**

- Ron Brogdon ..... 630-1392
- Esther R. Jones ..... 722-6399
- Bobbi Kinner ..... 744-5547
- Debbie Lousberg ..... 726-7092
- E. J. McDuffey (858) 395-2408

The licensed Practitioners are professionals who perform a professional service and charge a fee for their services.

**MINISTRY OF PRAYER**

All prayer work is done by the Practitioner staff and is confidential. There is no charge to use the MOP; however, love offerings are welcome. Requests may be made by filling out a prayer request form in person or by mail or by calling the church office. Personal consultation and individualized prayer work may also be arranged by calling one of the licensed Practitioners directly.

**WEBSITE.....www.crsvista.org**

**WEDDING INFORMATION**

Call Office.....724-9170

*Transforming Lives, Empowering Dreams*

*The Center for Spiritual Discovery is dedicated to teaching spiritual principles and practical tools to support individuals in discovering and revealing their spiritual magnificence. Our purpose is to be a source of continuing inspiration and education so that each person is empowered to live lives of love, power and purpose.*