



# VISTA VISION

CENTER FOR SPIRITUAL DISCOVERY, VISTA



## The Relationship Seminar

Presented by  
Rev. Brian



July 8, 15, 22 & 29  
Sign Up Now  
in Lobby or on Patio

Summer Barbecue  
Noon  
Sunday, July 18th



Enjoy Good Food &  
Great Company  
Sign Up Now  
Activities Counter/Table

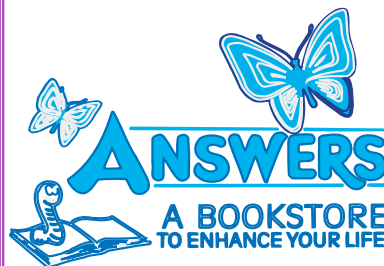
## SUNDAY TOPICS FOR JULY 2010

- July 4 LET FREEDOM RING!**  
How to lift the emotional restrictions so that you live your life with unlimited freedom.
- July 11 PRAYER, POSSIBILITY, PERFECTION**  
Whether the challenge is in the area of relationships, finances, or health, the answer is prayer.
- July 18 EVERYBODY SAYS DON'T!**  
What do you want in your life that would make doing it worth it to you? Find out!
- July 25 ROCKS IN YOUR BACKPACK**  
What fills your mind fills your world. How to take the weight of the world off your mind and out of your back-

We invite you to visit our website ([www.crsvista.org](http://www.crsvista.org)) for more complete information about us, our members, classes, events and activities calendar. From the Newsletters page of our website, you can sign up for our bi-monthly email newsletter, News & Notes.

## Center for Spiritual Discovery

560 S. Melrose Drive • Vista, CA 92081  
760.724.9170 • [www.crsvista.org](http://www.crsvista.org)



Revs. Brian & Sheila's  
Pick O' The Month

Venus on Fire, Mars on Ice  
Hormonal Balance  
The Key to Life, Love and Energy

by  
John Gray, Ph.D.

Dr. Gray reveals that the differences between the sexes, and how they relate to one another, are biochemically based and can be explained--and managed--by our hormones. He explores how communication, romance, "a superfood diet, super exercise, and super sleep," can be incorporated into any lifestyle, and result in a whole new way of life.

Regularly \$29.95  
20% discount during the month of **July**

FAMILY MILESTONES

June 27: Flowers donated by Revs. Brian & Sheila in honor of their 25th Wedding Anniversary.

Is there a special family milestone you would like to share with the congregation (a birth, an anniversary, a special birthday)? Call the church office at (760) 724-9170 with the names and dates of births, baptisms/christenings, weddings, and transitions and we will list them in this feature.

JULY BIRTHDAYS

- July 06 Dr. Christine Farlow
July 21 Lynda Farnsworth
July 23 Linda Oliver
July 24 Leah Barrera
July 24 Vernon Poehls
July 25 Cindy Huff
July 27 James Franke
July 31 Billie Poehls



Rev. Brian P. Anderson, Minister
Dr. Sheila Anderson, Minister

The Center for Spiritual Discovery is located at
560 S. Melrose Drive in Vista,
1/2 mile South of Highway 78 at the
southeast corner of
Melrose Drive & Matagual Drive
Phone: 760.724.9170 • Fax: 760.724.9366
Website: www.crsvista.org
e-mail: crsvista@mac.com

JULY 2010

VISTA VISION

is the monthly newsletter of the
CENTER FOR SPIRITUAL DISCOVERY
First Church of Religious Science, Vista

FIRST CHURCH OF RELIGIOUS SCIENCE, VISTA
Center for Spiritual Discovery
560 S. Melrose Drive • Vista, CA 92081
www.crsvista.org

Rev. Brian Anderson & Dr. Sheila Anderson, Senior Ministers
Rev. Lynne Galli, Staff Minister

Information

724-9170, Opt. 1

BOARD OF TRUSTEES

- Nate Huff, Pres.....631-4601
Lance Harper, V.P.....310-1115
Ron Brogdon, Treas.....630-1392
Rev. Brian Anderson and
Dr. Sheila Anderson, Corp.
Secretary .....724-9170

SUNDAY SERVICES

9:00 am & 10:30 am

NURSERY CARE is provided for both services.

YOUTH & FAMILY PROGRAMS

Dr. Sheila Anderson..... 724-9170

PIANIST

David Hansen .....274-5580

VOLUNTEER COORDINATOR

Sunday Services
Margaret Banas ..... 858-568-1552

OFFICE.....724-9170

Church Fax.....724-9366

ORGANIZATIONS:

GRIEF RECOVERY SUPPORT by appointment

Rev. Lynne Galli ..... 599-4014

ANSWERS BOOKSTORE

Bookstore .....724-9077

Elsie Ashcraft, Manager

Answers Bookstore is open Sundays after each service.

Transforming Lives, Empowering Dreams

The Center for Spiritual Discovery is dedicated to teaching spiritual principles and practical tools to support individuals in discovering and revealing their spiritual magnificence. Our purpose is to be a source of continuing inspiration and education so that each person is empowered to live lives of love, power and purpose.

Inspiration

724-9170, Opt. 2

LICENSED PRACTITIONERS

- Elsie Ashcraft ..... 908-6028
Ron Brogdon ..... 630-1392
Dr. Leo Fishbeck ..... 471-1012
Rev. Lynne Galli ..... 599-4014
Esther R. Jones ..... 722-6399
John Portela ..... 715-8757

The licensed Practitioners are professionals who perform a professional service and charge a fee for their services.

MINISTRY OF PRAYER

All prayer work is done by the Practitioner staff and is confidential. There is no charge to use the MOP; however, love offerings are welcome. Requests may be made by filling out a prayer request form in person or by mail or by calling the church office. Personal consultation and individualized prayer work may also be arranged by calling one of the licensed Practitioners directly.

WEBSITE.....www.crsvista.org

WEDDING INFORMATION

Call Office.....724-9170