



# VISTA VISION

CENTER FOR SPIRITUAL DISCOVERY, VISTA

Saturday  
February 14th



Happy  
Valentine's Day

Kids' Day



KIDS' DAY

Sunday  
Feb. 15th

@  
10:30 Service

**PIZZA**  
**POTLUCK**

PIZZA & POTLUCK  
PARTY

Sunday, Feb. 15th  
@ Noon

Pizza & Potluck  
Bring A Dish To Share

## SUNDAY TOPICS FOR FEBRUARY 2009

### Feb. 1 LOVING: THE GAME

Life is a game. The rules are simple so you can be a winner all the time.

### Feb. 8 LOVING: YOU

To be freely and fully expressed in love is grandest experience life can offer you.

### Feb. 15 LOVING: ME

The opposite of self-obsession is self-love, and when you give it to yourself fully, we all get it.

### Feb. 22 LOVING: WORK & PLAY

There is work that is work, there is work this is play, and there is work that is love and play.

We invite you to visit our website ([www.crsvista.org](http://www.crsvista.org)) for more complete information about us, our members, classes, events and activities calendar. From the Newsletters page of our website, you can sign up for our bimonthly email newsletter, News & Notes.

## Center for Spiritual Discovery

560 S. Melrose Drive • Vista, CA 92081

760.724.9170 • [www.crsvista.org](http://www.crsvista.org)

Sunday Celebrations: 9:00 & 10:30 am



Revs. Brian & Sheila's  
Pick O' The Month

*Spiritual Liberation*  
Fulfilling Your Soul's Potential

by

Michael Bernard Beckwith

In *Spiritual Liberation*, Michael Bernard Beckwith's simple yet profound messages speak to the heart of the gifts we share to better ourselves and the world. Structured into several core themes such as transformation, peace, abundance, and the habits of evolved people, *Spiritual Liberation* forms a message that embraces all major religions, philosophies, and cultures.

Michael Beckwith teaches that inner spiritual work, not religiosity or dogma, liberates us.

Plus 20% Off Other Selected Titles

Regularly \$26.00

20% discount during the month of **February**

**FAMILY MILESTONES**

Is there a special family milestone you would like to share with the congregation (a birth, an anniversary, a special birthday)? Call the church office at (760) 724-9170 with the names and dates of births, baptisms/christenings, weddings, and transitions and we will list them in this feature.

**FEBRUARY BIRTHDAYS**

- Feb. 03 Donna Arellano
- Feb. 06 Lynda Barry
- Feb. 07 Larry Fetterly
- Feb. 07 Beth Foster
- Feb. 09 Bee Barbier
- Feb. 13 Ken Annin
- Feb. 16 Jackie Cotterm:
- Feb. 21 Nate Huff
- Feb. 23 Mae Tyler
- Feb. 23 Artha Zahniser
- Feb. 25 Cindy Choice



Rev. Brian P. Anderson, Minister

Dr. Sheila Anderson, Minister

The Center for Spiritual Discovery is located at

560 S. Melrose Drive in Vista,

1/2 mile South of Highway 78 at the

southeast corner of

Melrose Drive & Matagual Drive

Phone: 760.724.9170 • Fax: 760.724.9366

Website: [www.crsvista.org](http://www.crsvista.org)

e-mail: [office@crsvista.org](mailto:office@crsvista.org)

February 2009

VISTA VISION

is the monthly newsletter of the

CENTER FOR SPIRITUAL DISCOVERY

First Church of Religious Science, Vista

FIRST CHURCH OF RELIGIOUS SCIENCE, VISTA  
**Center for Spiritual Discovery**

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[www.crsvista.org](http://www.crsvista.org)

*Rev. Brian Anderson & Dr. Sheila Anderson, Ministers*

**Information**

**724-9170, Opt. 1**

**BOARD OF TRUSTEES**

- Alan Gatlin.....734-4583
- Nate Huff.....631-4601
- E.J. McDuffey, VP...(858)395-2408
- Rev. Brian Anderson, President
- Dr. Sheila Anderson.....724-9170

**SUNDAY SERVICES**

9:00 am & 10:30 am

**NURSERY CARE** is provided for both services.

**YOUTH & FAMILY PROGRAMS**

Mary Gorman, Director..... 631-7237

**PIANIST**

David Hansen .....274-5580

**VOLUNTEER COORDINATOR**

Kathy Funk  
Sunday Services.....390-6931

**OFFICE.....724-9170**

**Church Fax.....724-9366**

**ORGANIZATIONS:**

**GRIEF RECOVERY SUPPORT GROUP**

Bobbi Kinner .....744-5547

**SINGLES GROUP**

Frank King .....631-1518

**SMART RECOVERY**

Alan Gatlin.....734-4583

**ANSWERS BOOKSTORE**

Bookstore .....724-9077

Elsie Ashcraft, Manager

Answers Bookstore is open Sundays after each service.

**Inspiration**

**724-9170, Opt. 2**

**LICENSED PRACTITIONERS**

- Ron Brogdon ..... 630-1392
- Dr. Leo Fishbeck ..... 471-1012
- Lynne Galli ..... 599-4014
- Esther R. Jones ..... 722-6399
- Debbie Lousberg ..... 726-7092
- E. J. McDuffey (858) 395-2408

The licensed Practitioners are professionals who perform a professional service and charge a fee for their services.

**MINISTRY OF PRAYER**

All prayer work is done by the Practitioner staff and is confidential. There is no charge to use the MOP; however, love offerings are welcome. Requests may be made by filling out a prayer request form in person or by mail or by calling the church office. Personal consultation and individualized prayer work may also be arranged by calling one of the licensed Practitioners directly.

**WEBSITE.....www.crsvista.org**

**WEDDING INFORMATION**

Call Office.....724-9170

*Transforming Lives, Empowering Dreams*

*The Center for Spiritual Discovery is dedicated to teaching spiritual principles and practical tools to support individuals in discovering and revealing their spiritual magnificence. Our purpose is to be a source of continuing inspiration and education so that each person is empowered to live lives of love, power and purpose.*